

Menus this Week

Week 2

Monday

Cooked Breakfast

Fried Egg, Mushrooms, Bacon

Lunch:

Meat Loaf Cheese Potato Bake
Sprouts & Green Beans
Or
Stuffed Pepper

Dessert:

Mousse

Supper:

Sausage rolls with tomatoes

Tuesday

Cooked Breakfast

Sausages, Scrambled Egg, Baked Beans

Lunch:

Steak & Kidney Pie
Veggi potatoes
Cabbage & Carrots
Or
Salmon steaks

Dessert:

Fruit Meringue Nest

Supper:

Crab Salad

Wednesday

Cooked Breakfast

Poached Egg, Mushrooms & Bacon

Lunch:

Roast Turkey
Roast & creamed potatoes
Roasted parsnips, sweet potato &
butternut squash
Or
Mushroom omelette

Dessert:

Syrup Sponge & Custard

Supper:

Gala Pie & Baked Beans

Thursday

Cooked Breakfast

Fried Egg, Tomato, Hash Brown or
Fried Bread

Lunch:

Savoury Mince
Cauliflower & Broccoli Stilton Bake
New potatoes
Or
Chicken Steaks

Dessert:

Homemade Bakewell Tart & Custard

Supper:

Kedgeree

Friday

Cooked Breakfast

Sausage Fried Egg & Potato Waffle

Lunch:

Sacmpi & Chips
Or
Fish Pie & Sweetcorn
Or
Vegetarian Sausage & Chips

Dessert:

Fruit Pie and Ice Cream

Supper:

Jacket Potato & Cheese

Saturday

Cooked Breakfast

Scrambled Egg, Bacon & Beans

Lunch:

Sausages with Onion Gravy
Creamed Potatoes,
Swede & Spinach
Or
Macaroni Cheese

Dessert:

Jelly & Milk Jelly

Supper:

Pilchards on toast

Sunday

Cooked Breakfast

Poached Egg & Mushrooms

Lunch:

Roast Lamb & Mint Sauce
Roast & creamed potatoes
Leeks & Carrots
Or
Cheese Omelette

Dessert:

Angel Delight

Supper:

Homemade soup of the day with
fresh bread

All meals are prepared and
cooked on the premises

Occasionally some items may
be substituted using pre-
prepared selections from our
regular suppliers

Seasonal fruit & vegetables
may substituted, depending
upon availability