

Menus this Week

Week 3

Monday

Cooked Breakfast

Fried Egg, Mushrooms, Bacon

Lunch:

Beef Hot Pot, creamed potatoes
Mixed Vegetables
Or
Cod in Sauce

Dessert:

Gateau

Supper:

Homemade Fish Cakes
with fresh bread

Tuesday

Cooked Breakfast

Sausages, Scrambled Egg, Baked
Beans

Lunch:

Turkey & Ham Pie
Herb potatoes,
fresh chunky vegetables
Or
Cheese Jacket Potato

Dessert:

Bread & Butter Pudding & Custard

Supper:

Prawn cocktail with fresh bread

Wednesday

Cooked Breakfast

Poached Egg, Tomatoes & Hash
Brown

Lunch:

Lasagne, Fresh mixed salad
Garlic bread
Or
Macaroni Cheese & Tomatoes

Dessert:

Homemade Banoffee Pie
With cream

Supper:

Corned Beef Hash
Baked Beans

Thursday

Cooked Breakfast

Fried Egg, Bacon, Potato Waffle

Lunch:

Gammon & Pineapple
Cauliflower & Broccoli cheese bake
Croquette Potatoes
Or
Spanish Omelette

Dessert:

Stewed Apple & Ice Cream

Supper:

Fish Fingers & Spaghetti

Friday

Cooked Breakfast

Scrambled Eggs, Mushrooms,
Baked Beans, Fried Bread

Lunch:

Scampi & Chips Or
Fish Pie
Or
Chicken Fillet

Dessert:

Tinned Fruit & Jelly

Supper:

Cheese & Biscuits

Saturday

Cooked Breakfast

Poached Egg Sausage Hash
Browns

Lunch:

Pork Cutlets & Sage & Onion gravy
Creamed Potatoes,
Sprouts & Red Cabbage
Or
Fish in Sauce

Dessert:

Banana & Custard

Supper:

Faggots

Sunday

Cooked Breakfast

Fried Egg Bacon & Tomato

Lunch:

Roast Beef & Yorkshire Pudding
Roast & creamed potatoes
Swede & Courgettes
Or
Vegetable Sausages

Dessert:

Crème Caramel

Supper:

Homemade soup of the day with
homemade bread

All meals are prepared and
cooked on the premises

Occasionally some items may
be substituted using pre-
prepared selections from our
regular suppliers

Seasonal fruit & vegetables
may substituted, depending
upon availability