

Menus this Week

Week 4

Monday

Cooked Breakfast

Fried Egg, Mushrooms, Potato Waffle

Lunch:

Sweet & Sour Chicken, Creamed Potatoes, Peas & Sweetcorn
Or
Macaroni Cheese with Fresh Tomatoes

Dessert:

Fruit Crumble & Ice Cream

Supper:

Kippers

Tuesday

Cooked Breakfast

Sausages, Scrambled Egg, Baked Beans

Lunch:

Salmon Steak & Avacado Sauce
Creamed Potatoes & Broccoli
Or
Jacket Potato with Baked Beans

Dessert:

Homemade delight cheesecake

Supper:

Cheese on toast

Wednesday

Cooked Breakfast

Poached Egg, Mushrooms & Bacon

Lunch:

Beef Curry & Savoury Rice
Mixed Vegetables
Or
Mushroom Omelette

Dessert:

Apple Charlotte & Custard

Supper:

Jacket Potato with Coleslaw

Thursday

Cooked Breakfast

Fried Egg, Hash Brown

Lunch:

Mince & Onion Pie
Cauliflower & Green Bean
Stilton Bake

Or

Vegetable Burger

Dessert:

Summer Pudding with Cream

Supper:

Sausage & Beans on Toast

Friday

Cooked Breakfast

Sausages, Tomatoes & Fried Egg

Lunch:

Battered Cod & Chips or Fish Pie
Peas
Or
Omelette & Chips

Dessert:

Chocolate Sponge
Chocolate Custard

Supper:

Macaroni Cheese

Saturday

Cooked Breakfast

Scrambled Egg & Bacon

Lunch:

Sausage Casserole
Creamed Potatoes
Swede & Sprouts
Or
Macaroni Cheese

Dessert:

Brioche & Custard

Supper:

Tuna Salad

Sunday

Cooked Breakfast

Poached Egg, Mushrooms
Hash Browns

Lunch:

Roast Chicken Sage & Onion
Stuffing, Roast & creamed potatoes
Roast Parsnips & Cabbage
Or
Fish in Sauce

Dessert:

Fruit & Custard

Supper:

Homemade soup of the day with
homemade bread

All meals are prepared and
cooked on the premises

Occasionally some items may
be substituted using pre-
prepared selections from our
regular suppliers

Seasonal fruit & vegetables
may substituted, depending
upon availability