

Menu Alternatives Available Daily

The following items are available daily. Please order if required.

Breakfast:

The following are available in addition to or instead of the Cooked Breakfast:

Porridge or Ready Brek

Cereals: Bran Flakes, Cornflakes, Rice Krispies, Special K Weetabix

Fruit: Grapefruit, Prunes, Banana

Fruit Juices: Orange or Cranberry

Yoghurt

Toast: White or Brown bread

Preserves: Jam or Marmalade or Lemon Curd

Marmite

Tea or Coffee

Lunch:

Soup

Cheese & Biscuits

Jelly, Ice Cream

Supper:

Sandwiches, various fillings

Homemade Soup

Cake selection, including homemade

Fresh Fruit Salad & Cream or Ice Cream

Jelly

Yoghurt

Tea or Coffee

Other Information

If you wish to order from the list of alternatives which are available daily please tell the member of staff who comes round each day to check your order

Please see overleaf for Daily Menu

Tea, Coffee and Biscuits are provided at the following times

Morning 10.00 am

Afternoon 2.00pm

Evening 8.00pm

Daily

There will be a home made birthday cake for any resident celebrating a birthday this week

